

Eliza

Ms. Lawson

Capstone Annotative Bibliography

2/1/2017

Riordan, Kevin. "Mentoring program makes a difference in Camden one child at a time."

Philly.com.

N.p., 03 Feb. 2015. Web. 05 Feb. 2017.

<http://www.philly.com/philly/columnists/kevin_riordan/20150203_Mentoring_program_makes_a_difference_in_Camden_one_child_at_a_time.html>.

The article "Mentoring program makes a difference in Camden one child at a time" by Kevin Riordan featured in *Philly.com*, was affirming article for me. It really showed how much impact a mentor can have on young person. The author introduces the reader to a kid named Da'Quan Johnson. He is 18 and has a mentor, Tyrone Baker Jr., since he was a small child. The article goes onto say how powerful Mr. Baker's influence has been Da'Quan. He taken a kid struggling at school and home and gave him something to aspire to. As a successful Camden Fire Department Captain, Baker showed Da'Quan that by working hard and staying on the right path, you can do anything you want. This notion has worked wonders because now Da'Quan has graduated high school, has 3.0 in college and has plans on working in criminal justice. His end goal is to work in the Camden Police Department. All of this may have not been possible without the mentorship program at the Center for Family Services in Camden.

I believe that this article will be beneficial to the research process of my final capstone project because it demonstrates how influential having someone who has been in your position

before and has navigated through the challenges of growing up successfully. The main purpose is to lend an open ear and to help the kids in anyway we can, whether that be socially or academically.

Sebenius , Alyza. "The Importance of High-School Mentors." *The Atlantic*. Atlantic Media Company, 13 Jan. 2016. Web. 06 Feb. 2017.

<<https://www.theatlantic.com/education/archive/2016/01/mentorship-in-public-schools/423945/>>.

The article “The Importance of High-School Mentors” by Alyza Sebenius featured in *The Atlantic* had a very interesting take on mentors as a vital necessity in the public education system. Many people interviewed in the article feel that mentors are somewhat equivalent to something as imperative as healthcare. There is a growing amount of people that believe that kids who have consistent mentors throughout their educational experience. The author then goes on to say that there is so many benefits to having role models for kids who may not have any obvious adults to look up to in their daily lives. The author then identifies the issue with those who assume counselors take on the role as mentor, due to the fact that each school counselor is responsible for an inordinate amount of students and ultimately student needs aren't being met. The end conclusion seems to be that schools need to focus more on the emotional side of students, instead of just the academic one, and mentors can be just the way to do it.

This source will assist me with completing my final capstone project because it demonstrates that their a gaping hole in our education system. Sadly, students are only being seen by their test scores, the amount of ivy’s they get into, and the amount of recognition they

bring to their school, instead of whether or not they are sincerely happy, reaching their fullest potential, and can envision a future for themselves. Mentors allow for kids to be truly heard.

Pannoni, Alexandra . "Mentoring Programs Aim to Increase High School Graduates." *U.S. News & World Report*. U.S. News & World Report L.P. , 23 Mar. 2015. Web. 6 Feb. 2017.

<<http://www.usnews.com/education/blogs/high-school-notes/2015/03/23/mentoring-programs-aim-to-increase-high-school-graduates>>.

The article "Mentoring Programs Aim to Increase High School Graduates" by Alexandra Pannoni featured in *U.S. News & World Report* was a very insightful source and it really shed some light on the benefits of mentors in schools. The article claimed that having an older influence in students lives can make students who feel as though they have no one to look up to impress. When an adult shows a student care and concern the student feels a need to repay the adult with the same level of attention due to the fact that there is now someone in their lives that they feel they need to make an effort for. The author then goes onto say that having mentors improves their attendance and overall academic achievement. The article references a mentorship program between high school students in college students and how the mentors met with the high school students once a week to so recreational activities as well as school related study sessions. Having a stable presence in a mentee's life is also emphasized or else students may feel abandoned. The end conclusion is that both the mentors and the mentees gain an extended family.

This source will help me greatly because it demonstrates how beneficial mentorship programs are to schools and their students. This will definitely help me with the evidence aspect

of my final capstone paper because it provides substantial substantiation as to why my capstone is so important to making students more open and efficient.

DuBois, David L. "Mentoring Programs – How Effective Are They?" *Association for Psychological Science*. © ASSOCIATION FOR PSYCHOLOGICAL SCIENCE, 24 Oct. 2011. Web. 06 Feb. 2017. <<http://www.psychologicalscience.org/news/releases/mentoring-programs-how-effective-are-they.html#.WJeQ5ogrLnA>>.

The source “Mentoring Programs – How Effective Are They?” featured in the Association For Psychological Science, with the study author being David DuBois, was very different from the previous sources because it takes a very analytical look at mentors in the lives of children in need of guidance. I think it was good to also have some opposition or counter opinions on mentors in schools because without a contradictory argument, you have no way of proving your side is the right side if there is no other side to tear apart. The source goes onto say that there is not any real clear evidence that mentoring programs actually reduce the chances of kids ending up in the criminal justice system, being truly involved in their education, abusing drugs and alcohol, and so on. David DuBois, who seems to be the main researcher mentioned in this source does however acknowledge the kick in test scores among those students with mentors. I think that the important thing that was mentioned was how it is important to be aware of your surroundings in terms of who and where you are mentoring. Mostly because the approach one would use to mentor a kid who is in prison, is vastly different than an approach one would use with an average student who is struggling with doing their homework.

This source is really going to help me with my final capstone project because I really need sources that aren't just opinions but have actual data behind them. This source shows that you can have preconceived notions about things, even though they might eventually be disproved.

Price-Mitchell, Marilyn, Ph.D. "Mentoring Youth Matters." *Psychology Today*. Sussex Publishers, 29 Jan. 2013. Web. 07 Feb. 2017.

<<https://www.psychologytoday.com/blog/the-moment-youth/201301/mentoring-youth-matters>>.

The article "Mentoring Youth Matters" by Marilyn Price-Mitchell Ph.D. featured in *Psychology Today* also seems to stray from the path of my previous articles, mainly because it gives specific ranking to the qualities of a good mentor. Another way it is different from the other sources I have collected is by how it specifically is addressing the people that would be a mentors. I really appreciate how the author uses statistics to back up their claims. Specifically when the author cites a Big Brothers Big Sisters stat about how mentors in teens lives reduce the chances for them to end up as bullies. The article went onto say that the programs such as these benefit kids who have experienced some sort of adversity at one point or another. It turns out though that the key qualities that make up a good mentor are being a good support system for your mentee, being a good and active listener, set reasonable but high expectations for mentees, don't be fake about your engagement, don't judge but encourage mentees to look at all options available to them, and give your input, but not to much.

This source will ultimately help me with my final capstone project because it gives some highly researched qualities that make up a good mentor. I have been having trouble with how I

am supposed to train my mentors and just reading this has already helpful to me. This is also a huge score for my final paper.

"Mentoring Impact." *MENTOR*. MENTOR: The National Mentoring Partnership, n.d. Web. 07 Feb. 2017. <<http://www.mentoring.org/why-mentoring/mentoring-impact/>>.

I very much so enjoyed "Mentoring Impact" featured in *Mentor: The National Mentoring Partnership* because instead of just printed words, they used a cool interactive video. When it comes to displaying information, this source really takes the cake. They did a great job of getting out the facts in short blurbs, that way the reader does not get bored. I think out of all of the sources so far, this one was the most eye grabbing. This source primarily focused on the after effects of mentoring, such as how mentoring increases the likelihood of at risk youths of going to college by 55%. Quality is always better than quantity, especially in this case when you want to educate a possibly ignorant or unaware reader just jumping into the world of mentoring.

This source is beneficial to my final capstone project because it is essentially all statistics. Even though I have a lot of expert opinions and my own experiences to pad my paper, it is important that I have hard data to substantiate my claims and opinions. I can say anything I want about mentoring, but if I do not have the evidence to back it up than the points I make aren't as strong and can be easily dismissed.

"What Does It Take To Start a Mentoring Program?" *What Does It Take To Start a Mentoring Program?* U.S. Department of Justice, July 1999. Web. 07 Feb. 2017. <<https://www.ncjrs.gov/html/youthbulletin/9907-4/mentor-3.html>>.

I find value in the source “What Does It Take To Start a Mentoring Program” featured in *National Youth Network* because it is essentially an instructional manual on how to run a successful mentorship program and as someone starting their own program from scratch, I find that extremely helpful. Another reason as to why this is a useful source is because It actually gives resources and organizations that help with the development of a mentorship program. The source also gives you some great things to ask yourself, specifically on the details of the program. Such as how often the mentor/mentee should meet, when training time should be, as well being aware of your resources. Something that I am a little embarrassed about is that they thought of things that I have never even considered. If another student tries to take over this program next year, I might recommend they read this.

I think this will be a valuable source in my final capstone project because it is a really all encompassing guide on how to run a successful mentorship program. All the other sources just told me how good mentoring is for underprivileged students who have not had a lot of opportunities offered to them. Interestingly enough a lot of the things addressed in the source were of concern to me.

Patino, Erica. "How Having Mentors Can Help Kids With Learning and Attention Issues."

Understood.org. UNDERSTOOD.ORG USA, n.d. Web. 07 Feb. 2017.

<<https://www.understood.org/en/friends-feelings/empowering-your-child/self-esteem/how-having-mentors-can-help-kids-with-learning-and-attention-issues>>.

I found the source “How Having Mentors Can Help Kids With Learning and Attention Issues” featured in *Understood: For Learning and Attention Issues* a very different approach

than the other articles/sources because it basically gives parents a brief explanation of what a mentor is and does. All the other sources talked about the benefits and statistics behind mentoring. I think it is always good to have a wide variety of information that expands past plain data. I also enjoyed reading this source because mentoring is not something you hear being advertised at schools all the time, when you have kids struggling with attention issues. All parents and students should be able to have access to mentorship programs. Honestly in my opinion all schools should at least make it an option for kids to have a mentor, due to the fact that there are so many statistics that show how effective mentoring is with kids that are struggling, whether that be academically, socially, or at home.

I think this source is valuable to my final capstone project because it is really good at giving basic information on what a mentor is and I think that I may have been too quick to act, rather than explain. I just wanted to jump in and start this process because of the nearing deadline, but maybe I should slow down a bit and take a minute to make sure these kids know the purpose of my program.

Biddle, Tabby. "Why Mentoring Young Women and Girls is Important." *The Huffington Post*.

TheHuffingtonPost.com, 17 Nov. 2011. Web. 07 Feb. 2017.

<http://www.huffingtonpost.com/tabby-biddle/why-mentoring-young-women_b_584478.html>.

The article "Why Mentoring Young Women and Girls is Important" by Tabby Biddle featured in *The Huffington Post* was truly a fascinating read. I really liked how it centered around mentoring young girls and setting them onto a career path. It was really refreshing to see someone talk about the importance of mentoring young girls and helping them find their way in

the world. All the other articles and websites have been pretty general about who needs mentoring. I just found it nice to see that organizations are catering to young women, who are already facing adversity just because they are girls. I think a lot of times girls are told that they have limits and to have someone say that they have a boundless future is so pivotal to their self of steam and development.

This source will help me with my final project because it shows how important mentoring is to young girls. It is good to know that mentors can do more than just give advice and help kids with school work, but in fact show them a whole new career path. Students are able to see that they can be anything they want to be.

BORNSTEIN , DAVID . "For Children at Risk, Mentors Who Stay." *The New York Times* . The New York Times Company , 6 Oct. 2011. Web. 7 Feb. 2017.

<<https://opinionator.blogs.nytimes.com/2011/10/06/for-children-at-risk-mentors-who-stay/>>.

In the article “For Children at Risk, Mentors Who Stay” by David Bornstein featured in *The New York Times* the main focus was about this mentoring organization called “Friends of the Children.” Apparently this organization caters to very in need kids going through severe emotional and academic trauma. What was really touching about this story was that the founder of the organization had a very troubled childhood with very little positive adult role models, which ultimately drive him to create this program. There are so many kids out there that desperately need some guidance. The organization is very dedicated to the mentees and gives the students a guarantee of 12 years of mentoring. That is so much care and attention that the kids get and something can be said for consistency and these kids get a lot of it.

I think this source will help me with finishing my final capstone project because it shows how dedicated you have to be to get real results. I have been a little worried if once a week for 4 months was enough time to get any real results. I think that since my project is very new and different, there is some room for mistakes. I think next year we might start earlier that way we can get more time in with the students and see real changes in the kids.