

Strains on Teen Parent Relationship

1. What cause the strain in your relationship with your parent?
 - a. Fact that you are getting older
 - b. Disrespect
 - c. Too similar
 - d. Managing responsibilities and grades
 - e. Become too Self-Independent
2. What do you think you could do differently to fix the problems you face?
3. Do you think technology cause a strain in the relationship?
 - a. Yes
 - b. No
4. What do you think reminds you of good parenting ?
 - a. Molding a sculpture out of clay
 - b. Nurturing seeds and plants
 - c. Training a pet
 - d. All of the above
5. What do you think is a common mistakes parents make?
 - a. Focus on teens' mistakes
 - b. Lecture and warn
 - c. Tell them what to do
 - d. Do things for them
 - e. All of the above
6. As a teen you a quick and inflexible to reject what your parents say?
 - a. No matter what
 - b. When you are tired and stress
 - c. when they perceive their autonomy to be threatened or feel disrespected
7. As teens what do you feel is the best way your parent can help and guide you?
 - a. focus on their strengths and channel their need for excitement into healthy risks
 - b. be an ally in the eyes of your teen by being respectful, listening more than talking, and letting them take the lead
 - c. provide guidance, support, and limits
 - d. help teens build coping and decision-making skills through problem-solving
 - e. all of the above

Personality and Parenting Style Profile - Your Parent

11.1. Please indicate the extent to which the following words describe your parents and their parenting style:

	Extent that this word describes YOUR MOTHER				
	Agree	Disagree
Loving toward spouse					
Loving toward your children					
Enthusiastic					
Sociable					
Talkative					
Serious					
Outgoing					
Cautious					
Good natured					
Cooperative					
Trusting					
Helpful					
Easy going					
Organized					
Careful					
Self-disciplined					

Responsible					
Poised					
Calm					
Composed					
Healthy					
Imaginative					
Interesting					
Formal					
Simple					
Diverse interests					
Peacemaker					
Kind					
Thoughtful					
Strict					
Merciful					
Open minded					
Devoted					
Attentive					

Links: <https://www.psychologytoday.com/blog/domestic-intelligence/200901/teens-and-parents-in-conflict>

http://www.essayjudge.com/document_detail.php?doc_id=165