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Annotated bibliography

The YMCA safety around water

This particular article does not provide the author of the content. It is just on the YMCA's website under the subheading safety around water. This source will support my project because it gives videos and also text that will help me keeping the children safe in the water before they can be able to even try to swim. This source gives the best advice for safety around water, swim lessons, and to also keep you child safe.

Kids Health-Water Safety

Yamini Durany-She deals with the division of pediatric Emergency Medicine, and the department of pediatrics. She is American Board of Pediatrics, and American Board of Pediatrics subspecialty certificate in Pediatric Emergency Medicine certified. Since she has so many qualifications and certifications I would believe she would be pretty specialized in child safety specifically in water.

This course is important to my capstone because my capstone deals with teaching children who are no older than seven or eight swimming lessons. At that age children really don't know how to support themselves in the water. With this source I get to teach comfortability in the water.

American Red Cross-Water Safety

This source does not give a specific author but is directly from the American Red cross under water safety. The Red Cross is what I am certified too in order to be able to be a swim instructor. This source

goes over making water a safe place, preventing unsupervised access to water, maintaining constant supervision, and know what to do in case of an emergency.

This site is important because this is where I learned my skill from. It deals with the little things the average person would not know about water safety. With the help of this source I was able to complete my eight week swim classes.

10 Super Swimming Skills

Health and Fitness blog-This source does not have an author but it is directed to the health and fitness blog. This site goes over 10 Super Swimming Skills drills for water confidence, water safety and basic swimming technique. Teaching your child how to swim. Basically all of what I am doing. After getting them to a certain standard they are able to have enough confidence to swim on their own. This goes over specifically the skills portion, breathing techniques, how to get in and out the water, floating, and kicking.

5 fun and easy games that teach your kids how to swim

Gillian Chassels- a certified swimming instructor and a Today's Parent contributor, highlighted ways to introduce young children to water fun.

He seems like he is one who knows what he is talking about because of his time in the field and also certifications.

This source will impact my capstone project because I used some of his techniques for teaching children to swim in an interesting way. He went over blowing bubbles, floating like a boat, Stop and go, and Safety always. With all of those techniques children were able to level up gradually to the point they are fluent swimmers.

