# Teen Pregnancy

Public health concern

#### Introduction

Teen Pregnancy is a problem in today's society. There appears to be a lack of support. Teen mothers don't know their options. I feel that many teens today are unaware of the dangers of unprotected sex. To bring another life into this world without proper care and attention is to no one's advantage. The intention of this website is to inform people that are pregnant of the options available and to help them make the right decision when it comes to teen pregnancy.

### Teen Pregnancy

Teenage pregnancy is pregnancy in females under the age of 20. A female can become pregnant from sexual intercourse after she has begun to ovulate, which can be before her first menstrual period.

#### Public Health Concern

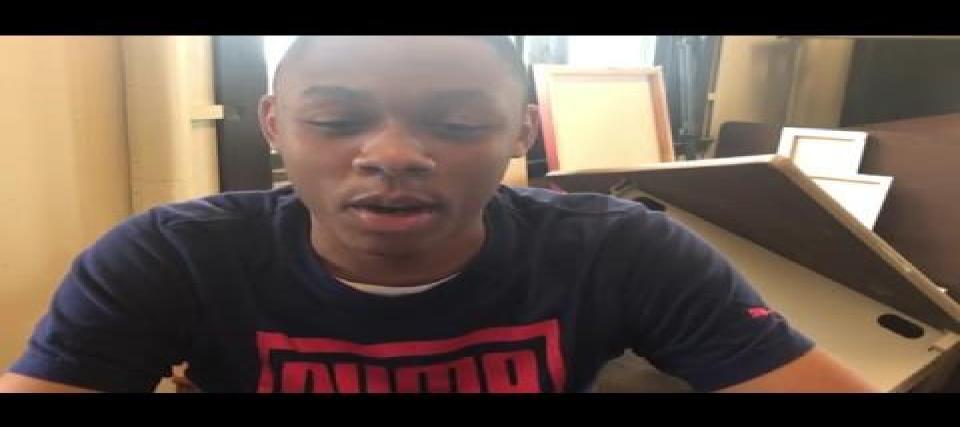
Public health promotes and protects the health of people and the communities where they live, learn, work and play.

- Teenage pregnancy is an important public health issue is because integrated action across several sectors is needed to help young women avoid unwanted pregnancy and to deal with the consequences of pregnancy whether it is wanted or not. High teenage pregnancy rates are a reflection of poor sexual health practice, which is a public health issue.

## Impact of Teen Pregnancy on the body

Pregnant teen's bodies aren't fully developed. Their bodies aren't prepared to carry a child and changes. Due to the new changes teen mother have to contain enough nutrients for both them and the child. Now the problem with that is teen mother does not have enough iron in their body which is why they have to take supplement pills. On top of that high blood pressure and not creating enough breast milk is another common issue. Being aware of these issue are the key to keep both the mother's body and baby healthy through those 9 months.

# Did you know?



### Teen pregnancy Impacts

- Researchers say that teen pregnancy have negatively impacted the economy. Nearly one-third of teen girls who have dropped out of high school cite early pregnancy or parenthood as a key reason. According to the Alliance for Excellent Education, it is estimated that over the course of his or her lifetime, a single high school dropout costs the nation approximately \$260,000 in lost earnings, taxes, and productivity. There are no specific laws regarding teenage pregnancy but there are different acts and laws around it. For example, if a pregnant teen wants to get married.

- Stakeholder education was a key component of the 2010 to 2015 communitywide initiatives. This activity entailed educating civic leaders, parents, and other community members about evidence-based strategies to reduce teen pregnancy and improve adolescent reproductive health. Educating the community on the needs and available resources in the community was also a central part of this work.

### Teen Mom experience



#### Want to know more?

Organization: The Candie's Foundation

- The Candie's Foundation is a non-profit organization that works to shape the way the youth in America think about the devastating consequences of teen pregnancy and parenthood. They are an operating foundation that develops and runs communication campaigns to raise awareness about our cause.

Contact Information : info@candiesfoundation.org

Scally, Gabriel. "Too Much Too Young? Teenage Pregnancy Is a Public Health, Not a Clinical, Problem." *International Journal of Epidemiology*. Oxford University Press, 01 June 2002. Web. 27 Apr. 2017.

<a href="https://academic.oup.com/ije/article-lookup/doi/10.1093/ije/31.3.554">https://academic.oup.com/ije/article-lookup/doi/10.1093/ije/31.3.554</a>>.

Culp-Ressler, Tara. "Teen Pregnancy Negatively Impacts The National Economy." *ThinkProgress*. ThinkProgress, 08 June 2012. Web. 27 Apr. 2017.

<a href="https://thinkprogress.org/teen-pregnancy-negatively-impacts-the-national-economy-cc2901eaf705">https://thinkprogress.org/teen-pregnancy-negatively-impacts-the-national-economy-cc2901eaf705</a>.