



Food Insecurity PSA Vocabulary



- Food Insecurity -

The lack of food supplies that are high in nutrients and can be economically accessible.

- Undernourishment -

When a person is not able to acquire enough food to meet the daily minimum dietary energy requirements, over a period of one year.

- Poverty -

Not having enough money to meet basic needs including food, clothing and shelter.

- SNAP -

The acronym of Supplemental Nutrition Assistance Program, a governmental program that provides nutrition benefits to supplement the food budget of needy families so they can purchase healthy food and move towards self-sufficiency.



- Low-Income Individual -

An individual whose family's taxable income for the preceding year did not exceed 150 percent of the poverty level amount.

- Redlining -

The practice of refusing to give a loan or insure someone because they live in an area deemed to be a poor financial risk

- Community Garden -

A piece of land gardened or cultivated by a group of people individually or collectively, with each individual having their own plot of land, which they alone are responsible for and who's yield is theirs alone.